The Fourth Sunday of Lent – March 14, 2021

Tuesday, March 16 th	
9:00 a.m.	+Katharine Petsch
	(Kelly Hegedus)
Wednesday, March 17 th	
9:00 a.m.	+Shirley Downey
	(Dororthy Ruller)
Thursday March 18 th	
6:30 p.m.	Eucharistic Exposition & Adoration
7:00 p.m.	+Katharine Petsch
	(Mark & Nancy McKay)
Friday March 19 th	
9:00 a.m.	+Maurice Downey
	(Rosemary Downey)
7:00 p.m.	Stations of the Cross
Saturday, March 20 th	
5:00 p.m.	For the Living and Deceased Members
1	of the Parish
Sunday, March 21 st , 5 th Sunday of Lent	
St. Martin's	For the Living and Deceased Members
9:00 a.m.	of the Parish
St. Mary's	+Edmund Mulligan
11:00 a.m.	(Deacon Paul Mulligan & Family)

"Lent is the time of grace that liberates the heart from vanity. It is a time of healing from addictions that seduce us. It is a time to fix our gaze on what abides." -Pope Francis



Jesus Talk with Nicodemus - Free Bible Images

Important Note About Donations to St. Vincent de Paul: Parishioners are asked to please make any donations to the *St. Vincent de Paul Society* via a separate cheque and not together with other donations.

SHARE LOVE, SHARE LENT: (RE)DISCOVER DEVELOPMENT AND PEACE. Solidarity with communities in crises. For inspiration, information and to donate, visit devp.org/lent.

Did you know Development and Peace has an active youth movement from coast to coast?

The *Share Love, Share Lent* campaign celebrates the passion and commitment of youth, who represent the present and the future of the Development and Peace movement. Join them in supporting our work for positive change in Canada and the Global South.

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THE DIOCESAN OFFICE FOR FAMILY MINISTRY:

is presenting online information about the threat and impact on children and adults of pornography and the Catholic remedy on March 25th, from 7:00 to 8:30 p.m. Teresa Hartnett and Deacon Joseph DiLoreto will be the presenters. Registration is required so the ZOOM link can be sent, but the session is free. Contact the Family Ministry Office or call the Chancery extension 2250.

PARENTING TIP OF THE MONTH TIP 128:

The amount of time spent together as a family during COVID might be considered by some to be too much, but it may also be filling a real need. Past research has shown that children consistently identify a desire to spend more time with their parents and family. Time for them means direct, active engagement. The long-term benefits to family relationships are proven: children grow up healthier in mind, body and spirit. Enjoying quality time with their family's means children are more likely to turn to their family for love and support, keeping them healthy. So play with your kids, watch a movie together and discuss its message(s), pray together, be active together, cook together and/or clean together; the possibilities are endless. So remember, time with family is powerful when it is interactive, shared by all and fun!

"For God so loved world, that he gave his only Son, that whoever should not perish but have eternal life."

John 3:16

PRAYER REQUEST FOR ALL THE SICK:

For all the sick around the world especially those who feel alone in their struggles and those affected by the COVID-19 pandemic, all healthcare professionals and frontline workers. For our sick parishioners and those who look after them: **Shannon Brinkman, Don Woodham, Felix Kozak, Argene Pellegrini, Tom Wunder, Kaelynn Heines, and family and friends.** May they experience healing and comfort and may Our Blessed Mother Mary, Health of the sick, pray and intercede for us, Amen!

Please keep our recently baptized in your prayers: Sloan Addison, and Emmett Cole Christopher.